



First Dance

Handout A27

Other songs I can play for my baby:

- _____
- _____
- _____

Which Daily Do I want to focus on practicing:

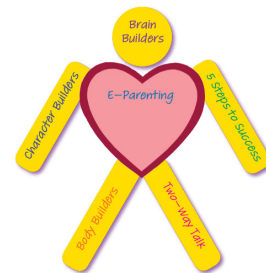
- _____

When will we do this activity:

- _____
- _____

Who else can do this activity with my infant:

- _____



How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Find a device that plays music (phone, radio, etc.) and play 3 different types of music for you and your baby to dance to.
3. As you play each song, dance with your infant in a different way so that they experience different types of movement. For example, you may hold them and sway side-to-side, rock back-and-forth, or slowly twirl in circles with them.
4. Remember, your baby will probably enjoy this activity more if you sing along and invite other family members to join in so that you can have a dance party.